

# Raising Aspirations for Adults with a Learning Disability

How far have we come?

Su Jarmulewski and Karen Collins



# About us...



Karen has worked with adults with a disability for nearly 30 years as well as within the education sector, supporting people with a physical disability, before moving into day services. In her past life we believe she was a fairy!

Su has also worked in the care field for 30 years, initially as part of the transitions for people to be discharged from long stay hospitals into residential homes and the last 21 years working within day services..... She has also appeared on Rainbow....  
Fact!!



# The past...

As part of the adult social care provision, adults with a learning disability traditionally had their service provided by the local authority. Usually within a Day Centre with a 'one size fits all' approach.



**One size does not fit all**



Figure 4: Adult Training Centre, Attleborough, 1974



Figure 5: A trainee at the Centre

In the 50's through to the 90's most day centres were called Adult Training Centres. Those who were able, did piece work for pennies a week-this was called an attendance allowance

# The present...



**We recognised the need for change and separated centres into streams;**

**High Individual Support / Complex Needs  
Social and Leisure**

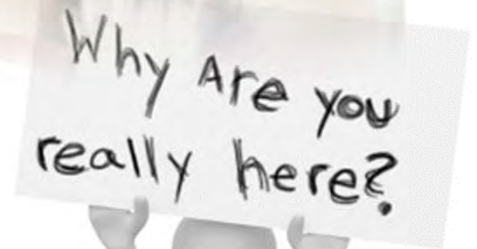
**LIVE: Learning, Independence, Volunteering  
and Employment**

*Our brief was to provide a new offer and transform our day service. We developed and deliver a person centred service that focus' on customer learning and employment aspirations, provides real voluntary and work opportunities and empowers our customers to be the very best versions of themselves!*

**Your future starts here.....**



# What we don't do...



# What we do..do...

Care Plans  
Care Plan Changes  
Medication Charts  
Manual Handling  
Programmes  
Medication Risk  
Assessments  
HAF Form  
PEEPs  
Individual Risk  
Assessment



Vocational Profiles  
Vocational Development  
Plans  
CV's  
Bespoke Manual Handling  
Programmes  
Job coaching  
Training Pathways

*Don't look back....  
you're not going that way....*

# Training Pathways...



## **Green Pathway** **Vocational Training**

Manual Handling  
First Aid  
Fire Safety  
Food Hygiene



## **Blue Pathway** **Preparation for Work**

Benefits  
CV Writing  
Interview Preparation  
Skills Analysis



## **Purple Pathway** **Work Experience**

Work Placement  
Employable Me  
Job Coaching  
School 2 Work



## **Red Pathway** **Independence**

Indi-trav  
Streetwise  
Volunteering  
Life-hacks

# Stuart's Pathway...



Stuart accessed our service wanting a job, LIVE supported him with the **Blue** and **Purple** Training Pathways- interview practice, help filling in application forms, and job coaching. We also supported him at interviews. Stuart secured a temporary under 16 hours a week at The Works in Kettering!

When this ended Stuart transitioned to EADS and he was supported to gain employment at Tesco's. He works for 16 hours a week in a permanent position. He has held this position for over a year!



# IndiTrav Pathway...

Independent Travel Training (IndiTrav) is designed to help our customers increase their independence by developing knowledge and confidence.

Access to public transport will help them to make their own choices about how they live, where they go and what they do. We can support them with the best walking, cycling and train/bus routes and finding local taxi companies.

We enhance their training with our **OneTouch** system.

Travel training can help overcome barriers to:

- Employment
- Volunteering
- Visiting friends / events
- Independent journeys to school / college / work



What if I missed the bus.....??

What if I am running late.....??

What if I get on the wrong train.....??

# I am Chris...travelling independently and making my own decisions since 2018



**I'd never travelled on my own before.**

**I needed support with where and when I would get the bus.**

**I felt nervous before IndiTrav, fearful in case I missed the bus or got off at the wrong bus stop. The IndiTrav training made me feel a lot more confident. It helped me learn about road safety, time and how to use my bus pass correctly.**

**The One Touch made me feel safe.**

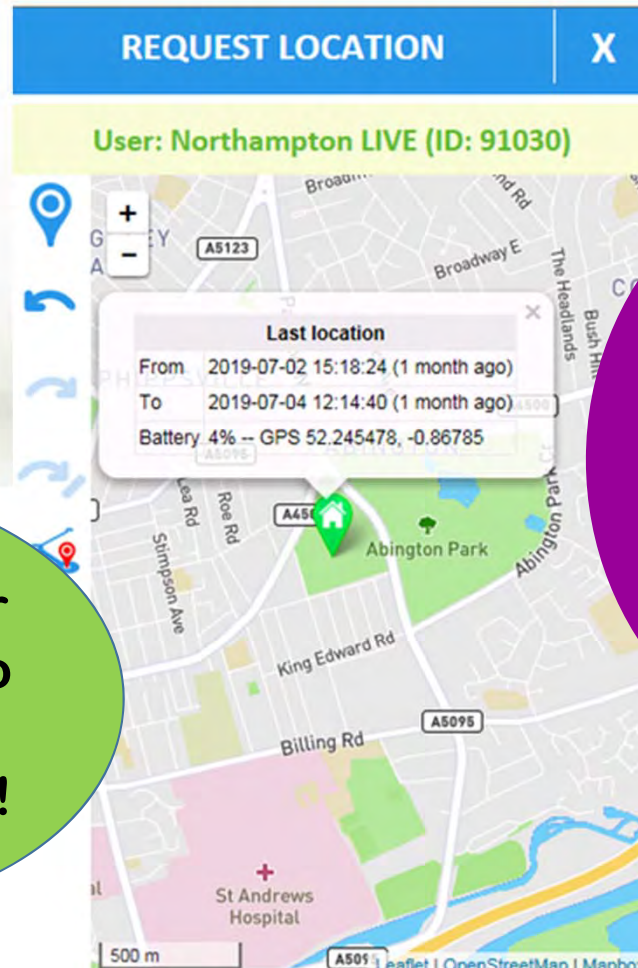
**Now that I can travel on my own it has made a huge difference to my life. I can access my community on my own!.**

**My favourite part about being able to travel independently is going into town and choosing where I can go for lunch on my own.**

# The One Touch System...



It looks similar to a key fob, so doesn't stand out in a crowd!



The One Touch system is a personal alarm and a tracker, for even more reassurance and also helps overcome the fears and concerns of parents and carers

# Jacobs journey...

Jacob wanted to undertake IndiTrav training so he could get about independently

He uses the OneTouch and now travels independently to and from town whenever he likes.

*"I have completed my IndiTrav! It makes me feel more confident. I can travel to Drovers by myself and home again. I don't have any worries about travelling. I will be able to travel into town whenever I like. It makes me feel good!  
Jacob (travelling independently since 2019)*



# Ross's Journey.....



**Ross secured employment as a Data Analyst and needed to undertake training in the London.**

**Funded by Access to Work, Ross was provided with a LIVE IndiTrav Buddy and was supported to travel to and from London and complete his training and take his final exam.**



# Meet Pru and Paul



# Our LIVE Changing Room...



Fast fashion is currently one of the worlds biggest pollutants.

We offer a bespoke service to job seekers referred to us by JCP or EADS.

Our customers appeal for donations, collect them, mend them, steam clean, size, display and support job seekers.

We also work with local colleges who offer (free!) hairdressing and beauty treatments to our Changing Room clients.

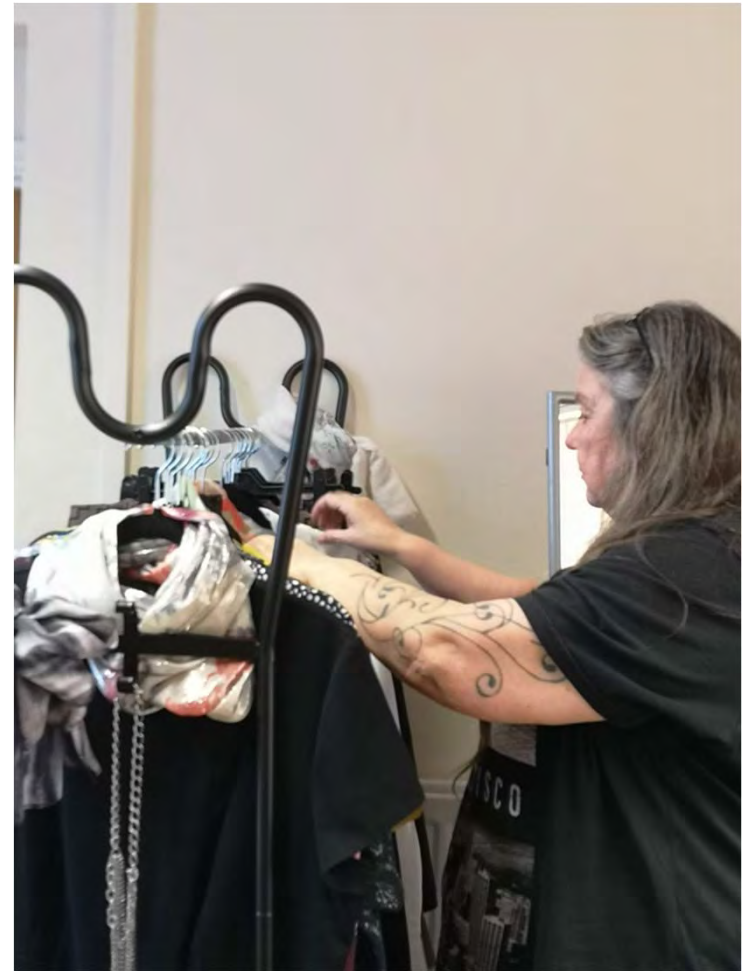
Our service reduces waste and pollution, whilst supporting job seekers.

We believe everybody deserves a job and body confidence matters!!

# Heather's Story...



Heather was our first ever visitor to The Changing Room. We learned so much from the shared experience. Heather loved it so much she now volunteers with us.



# Heather's Story...

“When I arrived I was really, really nervous going in to The Changing Room, I almost cancelled my appointment. But, once I'd walked in to the room and met Karen and Elisia I felt 100% fine with them and wasn't self-conscious or worried at all anymore.

**As I left the changing room I felt like I was ready for an interview, it made me feel better about myself** because I'd tried things that were different from what I'd normally wear. Leaving the changing room I knew that everything fitted me, I was happy with the clothes I had and was really happy with the fact the clothes were just in normal shopping bags so it looked like I'd just been into town shopping”





# Partnership working...





# County Star Awards...





Every year we have a local award event, that celebrates and recognises the efforts of our customers.

We then have a county event where all the LIVE teams attend and the local winners all go through to a shortlist and the stand out person wins the County Star Award.

These events are hugely successful as the contribution our customers make to their communities is recognised.



Last year we had a close up magician to wow the crowds before the award ceremony.



# Raising Aspirations...





SOME DISABILITIES LOOK LIKE THIS



SOME LOOK LIKE THIS



Thank you for listening...any questions?